Obstructive Sleep Apnea (OSA) Symposium: Updates in Diagnosis and Management
Saturday, April 22, 2017

Online Registration accepted through April 14, 2017
Registration fee is non-refundable

Course Directors:
Sunita Kumar, MD
Charles S. Bouchard, MD, MA

Sponsored by:
Loyola University Chicago Stritch School of Medicine
Division of Continuing Medical Education and
Loyola University Health System
Department of Medicine, Pulmonary, Critical Care and
Department of Ophthalmology

ACCREDITATION
The Loyola University Chicago Stritch School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Loyola University Chicago Stritch School of Medicine designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and other health professionals will receive a Certificate of Attendance. For information on applicability and acceptance, please consult your professional licensing board.

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CONFERENCE LOCATION
Loyola University Chicago Stritch School of Medicine
John & Herta Cuneo Center – Tobin Hall
2160 S. First Avenue

TARGET AUDIENCE
This educational activity is designed for healthcare professionals who need to improve their ability in identifying and educating patients with OSA.
PROGRAM DESCRIPTION
Obstructive sleep apnea syndrome (OSAS) is characterized by intermittent hypoxia/reoxygenation (IHR) which is an independent risk factor for cardiovascular disease. This course will help to reinforce the importance of diagnosing OSA among patients, educate regarding the economic and health impact of OSA and identify new treatment options. It will investigate the underlying molecular mechanisms of this association in a translational study.

CURRICULAR GOALS AND OBJECTIVES
Describe the magnitude of the problem of undiagnosed OSA and its economic impact.
Upon completion of this activity, participants should be able to:
- State the prevalence of OSA.
- Incorporate screening tools for identifying patients at high risk for OSA.
- Review the problem of OSA in pediatric population

Illustrate the health consequences of OSA.
Upon completion of this activity, participants should be able to:
- Describe the cardiovascular consequences associated with OSA.
- Identify the impact of OSA on metabolic disorders such as diabetes.
- Review the relationship between OSA and stroke.

Review the treatment options of OSA.
Upon completion of this activity, participants should be able to:
- Evaluate the role of dental devices on treatment outcomes for OSA.
- Identify patients who are eligible for surgical options and hypoglossal nerve stimulation.
- Interpret the CPAP compliance download.

COMPETENCIES ADDRESSED
This educational event will address the following competencies: patient care, medical knowledge, practice-based learning, interdisciplinary team skills, system-based practice, and information technology skills.

SPECIAL NEEDS
We welcome all registrants to this activity. If you need special accommodations in order to participate, we will try to provide for your needs. Please submit a written request one month prior to the course to receive service.

ADDITIONAL INFORMATION
Contact the Division of CME during business hours. Phone (708) 216-3236 or (800) 424-4850 or by Fax: (708) 216-5318. For other CME offerings, please visit our web site at http://ssom.luc.edu/cme and click on events.
PROGRAM AGENDA

7:00am Registration and Continental Breakfast

7:50 Welcome and Introductions
Sunita Kumar, MD
Loyola University Medical Center

8:00 Epidemiology/Socioeconomic Trends
Aneesa M. Das, MD
Medical College of Wisconsin

8:30 Diagnosis and Pathophysiology
Sunita Kumar, MD
Loyola University Medical Center

9:00 Upper Airway Exam
David T. Kent, MD
Vanderbilt University Medical Center

9:30 Eye and OSA
Charles S. Bouchard, MD, MA
Loyola University Medical Center

10:00 Break

10:30 Cardiovascular
Shahrokh Javaheri, MD
University of Cincinnati

11:30 Neurological
Hrayer Attarian, MD, FACCP, FAASM
Northwestern University Medical Center

12:00 Metabolic Consequences of OSA
Andreea Anton, MD
Medical College of Wisconsin

12:30 Lunch
GUEST SPEAKERS

Louella B. Amos, MD
Assistant Professor
Pediatric Pulmonology
Sleep Medicine Specialist
Children’s Hospital of Wisconsin
Milwaukee, WI

Andreea Anton, MD
Vice Chairman
Associate Professor
Division of Pulmonary Disease
Medical College of Wisconsin
Clement J. Zablocki Veterans Affairs
Medical Center
Milwaukee, WI

Hrayr P. Attarian, MD, FACCP, FAASM
Professor
Neurology, Director Circadian
Rhythms and Sleep Research Lab
Northwestern University
Feinberg School of Medicine
Chicago, IL

Aneesa M. Das, MD
Associate Professor
Division Pulmonary, Critical Care, and Sleep Medicine
Ohio State University
Columbus, OH

Neil S. Freedman, MD, FCCP
Clinical Assistant Professor
Division Head of Pulmonary, Critical Care, Allergy and Immunology
North Shore Medical Group
Bannockburn, IL

Shahrokh Javaheri, MD
Physician
Pulmonology
Good Samaritan Hospital
Cincinnati, OH

David T. Kent, MD
Assistant Professor
Otolaryngology
Director Sleep Surgery
University of Vanderbilt
Nashville, TN

Kevin R. Wallace, DMD
Director
Midwest Dental
Chicago, IL

B. Tucker Woodson, MD
Professor
Chief, Division of Sleep Medicine
Department of Otolaryngology and Communication Sciences
Medical College of Wisconsin
Milwaukee, WI

LOYOLA UNIVERSITY CHICAGO STRITCH SCHOOL OF MEDICINE
LOYOLA UNIVERSITY HEALTH SYSTEM FACULTY
DEPARTMENT OF MEDICINE

Alexandra S. Bullough, MBChB, FRCA, MD
Assistant Professor
Anesthesiology

COURSE DIRECTORS
PROGRAM PLANNING COMMITTEE

Charles S. Bouchard, MD, MA
The John P. Mulcahy Professor and Chairman of Ophthalmology

Sunita Kumar, MD
Associate Professor
Medicine, Pulmonary and Critical Care